

December 2021

UPLIFT Florida Network's mission is to improve the well-being of individuals and communities via a network of villages and organizations supporting them. For more information or to get involved, contact UPLIFT Formation Body's chairperson Emile Gauvreau: revgauvreau@protonmail.com.



Sarasota County's Age-Friendly "Trifecta"

By Sue Firestone Berger, Sarasota County's Aging System Policy Coordinator

According to the Urban Dictionary, a trifecta is a perfect group of three...winning three times. Sarasota has just reached the "Age-Friendly Trifecta!"

Sarasota County became Florida's first age-friendly community in 2015.

Sarasota Memorial Hospital followed in 2019 when it was designated as an Age-Friendly Health System and received recognition for being committed to excellent care.

Completing the trifecta is the recent acknowledgment of The Florida

Department of Health in Sarasota
(DOH-Sarasota) as the first local health department in the nation to be recognized as an Age-Friendly Public Health System by Trust for America's Health (TFAH). Read more here.

UPLIFT Connects to Learn and Share With Like-Minded Organizations



Spotlight on Tidewell via Debbie Mason, President of Tidewell Foundation

Tidewell Foundation's Never Alone Initiative engages community partners to identify solutions addressing olderadult isolation and ensuring a full life in physical, social, emotional and mental realms. Tidewell Foundation's long-term objective is to serve as a catalyst and convener with partners, creating improved education, advocacy, and thought leadership around senior-related health and wellness issues.

Tidewell Foundation is expanding

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listening sessions and creating forums to educate and advocate for change. To learn more, contact Debbie Mason dmason@tidewellfoundation.org.



Volunteer Spotlight: Brenda MacKay

Brenda MacKay has been a volunteer with UPLIFT since August 2020. That's when a group of four people, inspired by the neighbor-helping-neighbor philosophy of the village movement, decided to form a village in Sarasota. She continues to share her many gifts as the organization's scope expands to create a hub and network of villages. Brenda supports the technology required for the successful formation of UPLIFT and its administrative functions.

To meet our goal of a live website by the end of 2021, we need volunteers interested in setting up well-designed, easy-to-use web pages within Helpful Village and help with writing talent to create informative and compelling content.

Questions? Need more information? Contact Brenda at mackaybrenda@yahoo.com.



UPLIFT Florida Network – An Innovative Model to Scale Impact

By Joel Shapira, Board Member Emeritus, Village to Village Network

Through my efforts to spark the reimagining of the national village movement, I recognized the need for a new model to amplify the essence of villages - neighbors helping neighbors - with exponentially greater impact in the number and manner in which people are supported in their homes and communities. By creating a statewide infrastructure. **UPLIFT Florida Network does just** that. I am invested in helping UPLIFT succeed because I recognize the potential for more sophisticated, revenue-generating collaborations that support the operations of the village infrastructure. UPLIFT is pioneering an effort to adopt public-private strategic partnerships leading to a more sustainable and inclusive village framework that has the potential to be emulated nationally. I envision a thrilling journey through 2022 and beyond.



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